

INCOME-PRODUCING ACTIVITIES TRACKING SHEETS FOR CONSULTANTS

DO YOU WANT RESULTS FROM YOUR BUSINESS?
THEN **CONCENTRATE** ON THESE INCOME-PRODUCING
ACTIVITIES ON A WEEKLY BASIS.

Name _____ Month _____

A HOLD A SKIN CARE CLASS

B HAVE A \$100 DAY

C EVERY TWO MAKEOVERS HELD

D LEADERSHIP INTERVIEW
(ALONE OR WITH YOUR DIRECTOR/DIQ)

E GUEST TO MEETING

F FOLLOW UP AFTER MARKETING CALL

G 5 NEW CONTACTS/REFERRALS

H 2 NEW BOOKINGS

I 1 NEW TEAM MEMBER

J 10 REACH OUTS (INDIVIDUAL CONTACT ATTEMPTS
FOR YOUR BUSINESS WITH CURRENT TEAM
MEMBERS & CUSTOMERS, OR BOOKING NEW APTS)

WHAT'S YOUR GOAL?

**CONSULTANT
PART-TIME**

Complete any
10 activities

**CONSULTANT
FULL-TIME**

Complete any
15 activities

DRIVING FREE

Complete any
20 activities

DIQ-DIRECTOR

Complete any
35 activities

WRITE THE LETTER OF EACH ACTIVITY AS YOU COMPLETE IT. YOU WILL PROBABLY DO SOME ACTIVITIES MORE THAN ONCE.

WEEK 1

1. _____	13. _____	25. _____
2. _____	14. _____	26. _____
3. _____	15. _____	27. _____
4. _____	16. _____	28. _____
5. _____	17. _____	29. _____
6. _____	18. _____	30. _____
7. _____	19. _____	31. _____
8. _____	20. _____	32. _____
9. _____	21. _____	33. _____
10. _____	22. _____	34. _____
11. _____	23. _____	35. _____
12. _____	24. _____	

WEEK 2

1. _____	13. _____	25. _____
2. _____	14. _____	26. _____
3. _____	15. _____	27. _____
4. _____	16. _____	28. _____
5. _____	17. _____	29. _____
6. _____	18. _____	30. _____
7. _____	19. _____	31. _____
8. _____	20. _____	32. _____
9. _____	21. _____	33. _____
10. _____	22. _____	34. _____
11. _____	23. _____	35. _____
12. _____	24. _____	

WEEK 3

1. _____	13. _____	25. _____
2. _____	14. _____	26. _____
3. _____	15. _____	27. _____
4. _____	16. _____	28. _____
5. _____	17. _____	29. _____
6. _____	18. _____	30. _____
7. _____	19. _____	31. _____
8. _____	20. _____	32. _____
9. _____	21. _____	33. _____
10. _____	22. _____	34. _____
11. _____	23. _____	35. _____
12. _____	24. _____	

WEEK 4

1. _____	13. _____	25. _____
2. _____	14. _____	26. _____
3. _____	15. _____	27. _____
4. _____	16. _____	28. _____
5. _____	17. _____	29. _____
6. _____	18. _____	30. _____
7. _____	19. _____	31. _____
8. _____	20. _____	32. _____
9. _____	21. _____	33. _____
10. _____	22. _____	34. _____
11. _____	23. _____	35. _____
12. _____	24. _____	

DID YOUR ACTIVITIES SUPPORT YOUR GOAL THIS WEEK? HOW DOES THIS WEEK COMPARE TO LAST WEEK?